

WHAT'S ON?

Dec 2011– Feb 2012 (see overleaf for Christmas break dates)



All activities are held at the Varsity Lakes Community Resource Centre.
Ph 5593 7006 for information.

* Classes are \$4 for members; \$6 for non-members

Monday

8-9am: Walking Group; free
9-10am: *Aerobics
9:30-12pm: Folk Art; \$6

Tuesday

9:30-10:30: *Health Ventures
10-12pm: Computer Class– Beginners
1-3pm: Computer Class– Beginners Adv.

Wednesday

10-11am: *Health Ventures
11:15-12:15pm: *Health Ventures
10-12pm: Knit/Crochet & Chat group; free

Thursday

9:30-1pm: *Stamping with Friends; 2nd Thurs of the month
10-1pm: *Seniors Fun & Friendship Day
12-1pm: Community BBQ; free

Friday

9-11:45am: *Beginners Creating a Card; 4th Friday of the month
9:30-11:30am: Playgroup (0-5 years) \$5
10-12pm: Computer Class– Beginners
1-3pm: Computer Class– Beginners Adv.

CAN YOU HELP?

Do you have a talent or interest and spare time during the day? Would you like to volunteer to run a group or course at VLCRC?

NEWSLETTER DISTRIBUTION

Do you walk around the Varsity Lakes/Burleigh area? Please help us distribute this newsletter.

GARDEN SHED NEEDED

If you have a garden shed that you no longer need please donate it to the Varsity Lakes Community Garden. Ph Julie on 0422 331 438 or 5593 8023

SALVOS CHRISTMAS APPEAL

Donations of non- perishable food items can be dropped to VLCRC or to Karen Andrews office- 47 Watts Drive Varsity Lakes- between Thursday Dec 1 and Friday Dec 16.

WHAT WE DO

The Varsity Lakes Community Resource Centre offers:

- Information, advice and referral services
- Weekly programs and activities
- Community education programs
- Community information sessions
- A computer for public use
- Rooms for hire, including our new large hall



SUMMER 2011 NEWSLETTER



**Open Monday– Friday
8.30-4:30pm**

**Jim Harris Park,
Mattocks Road
VARSITY LAKES 4227**

PO Box 2783
Burleigh Business Centre 4220

Phone: (07) 5593 7006

Fax: (07) 5593 8043

Email: info@varsitylakes.org.au

Web: www.varsitylakes.org.au

WHO ARE WE?

Varsity Lakes Community Resource Centre is a community centre that aspires to be the meeting place of Varsity Lakes; a place that celebrates community members; enhances social connectedness; and meets community need through dynamic and innovative programs.



VARSITY LAKES COMMUNITY RESOURCE CENTRE



PROGRAMS & ACTIVITIES

See 'What's On?' for days, times & costs.

The Walking Group: The Walking Group starts at 8am for the summer months. Come along and enjoy a morning tea after. The walk is Heart Foundation approved. Last walk for 2011 is Dec 5, starting back in March 2012.

Aerobics Class: Get fit for summer at our aerobics class! The last class for 2011 is Dec 5, starting back Jan 23.

Folk Art: The Folk Art ladies will finish up for 2011 on December 19 and start back Jan 16, 2012.

Health Ventures: Health Ventures offer gentle exercise classes for people with health concerns. A full assessment is conducted before you start. For info call Sue on 5527 7240. The last class for 2011 is Dec 21, starting back on Jan 31, 2012.

Beginners Creating a Card: Learn how to make beautiful cards. 4th Friday of the month- classes start back 27 Jan. No experience necessary. RSVP essential- call Jane on 0410 310 173 or janenor-rish@optusnet.com.au.

Knit/ Crochet & Chat: Please continue to donate unwanted wool, knitting needles and patterns to the centre. The ladies will meet for the last time for 2011 on Dec 21, and meet again on Jan 18, 2012.

DONATIONS OF WOOL PLEASE

Seniors Fun & Friendship Day: Always a popular event! Seniors play board games, cards, bowls, table tennis and darts. Thursdays 10-1pm. Tea & coffee available. The last meet for 2011 is Dec 15, commencing again on Jan 19, 2012.

Free Community BBQ lunch: The final community sausage sizzle for 2011 will be on Dec 8, 2011, starting again each week from Jan 19, 2012. Come on down and grab a sausage- hosted by VLCRC and New Day Church every Thursday.

Playgroup: Playgroup has grown bigger and bigger! Toys, crafts, games, story time and morning tea while the parents catch up. For parents of 0-5 year olds. Last group is Dec 9, starting back Jan 27, 2012.

Computer Classes: The next round of computer classes (8 weeks) will start again 7 February 2012.

Stamping with Friends: For experienced card makers, on the 2nd Thursday of each month. Last class for 2011 is 15 Dec. Starting again Feb 9, 2012.

HAPPENINGS@ VLCRC
CALL US ON 5593 7006 FOR MORE INFORMATION

POLICE AND COMMUNITY MEETING

The next Varsity Lakes Police and Community meeting will be 15 Feb 2012.

PLAYGROUP FOR PREMMIE BABIES

The Miracle Babies Foundation will restart their playgroup on Jan 17, meeting fortnightly from 10-12pm at VLCRC.

CHANGES TO COST OF VLCRC PROGRAMS

VLCRC has increased the cost of its programs by \$2 for non-members. Members of VLCRC will continue to pay the current price. Membership is \$5 per year, please see reception to become a member.

CHRISTMAS BREAK

VLCRC will be closed from noon on Dec 23, 2011 until Jan 9, 2012 at 8:30am.

COFFEE HUB

A big thank you to Councillor Jan Grew who Donated \$1200 towards the purchase of a coffee machine for our community coffee hub, opening in 2012.

BOOK EXCHANGE

Visit VLCRC to exchange an old book for a new one. Plenty to suit every taste!

ROOMS FOR HIRE

The VLCRC has a large hall as well as smaller rooms for hire at reasonable rates.

We are looking to start a playgroup in 2012 for parents of 0-5 year olds who have English as a second language or are from a culturally diverse background. If you're interested call us on 5593 7006.